

Name of Infant: \_\_\_\_\_



# MDCC Infant Rooms Daily Sheet



At Home:  
Woke up at \_\_\_\_\_

Slept \_\_\_\_\_

Last feeding at \_\_\_\_\_

Birthdate: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Special notes from home: \_\_\_\_\_

Contact # for today: \_\_\_\_\_

### Infant Meal Requirements

#### Birth - 3 mos.

- BRK 4-6 fl oz iron fortified infant formula or breast milk\*
- AM 4-6 fl oz iron fortified infant formula or breast milk\*
- LUN 4-6 fl oz iron fortified infant formula or breast milk\*
- PM 4-6 fl oz iron fortified infant formula or breast milk\*
- SUP 4-6 fl oz iron fortified infant formula or breast milk\*

#### 4 - 7 mos.

- BRK 4-8 fl oz iron fortified infant formula or breast milk\* and  
0-3 Tbsp iron fortified infant cereal\*\*
- AM 4-6 fl oz iron fortified infant formula or breast milk\*
- LUN 4-8 fl oz iron fortified infant formula or breast milk\* and  
0-3 Tbsp iron fortified infant cereal\*\* and  
0-3 Tbsp fruit or vegetable\*\* or both
- PM 4-6 fl oz iron fortified infant formula or breast milk\*
- SUP 4-8 fl oz iron fortified infant formula or breast milk\* and  
0-3 Tbsp iron fortified infant cereal\*\* and  
0-3 Tbsp fruit or vegetable\*\* or both

#### 8 - 11 mos.

- BRK 6-8 fl oz iron fortified infant formula or breast milk\* and  
2-4 Tbsp iron fortified infant cereal and  
1-4 Tbsp fruit or vegetable or both
- AM 2-4 fl oz iron fortified infant formula or breast milk\* or  
Fruit juice and  
1-1/2 slice bread\*\* or 0-2 crackers\*\*
- LUN 6-8 fl oz iron fortified infant formula or breast milk\* and  
2-4 Tbsp iron fortified infant cereal\*\* and/or  
1-4 Tbsp emat, fish, poultry, egg yolk, cooked dry beans or peas, or 1/2-2 oz  
cheese or 1/4 oz cottage cheese or cheese food or cheese spread and  
1-4 Tbsp fruit or vegetable or both
- PM 2-4 fl oz iron fortified infant formula or breast milk\* or  
Fruit juice and  
0-1/2 slice bread\*\* or 0-2 crackers\*\*
- SUP 6-8 fl oz iron fortified infant formula or breast milk\* and  
2-4 Tbsp iron fortified infant cereal\*\* and/or  
1-4 Tbsp emat, fish, poultry, egg yolk, cooked dry beans or peas, or 1/2-2 oz  
cheese or 1-4 oz cottage cheese or cheese food or cheese spread and  
1-4 Tbsp fruit or vegetable or both

\* or portion of both

\*\* when developmentally ready to accept

Today, I ate:

Today, I napped:

Special notes from daycare:

Meds:

Today, I: